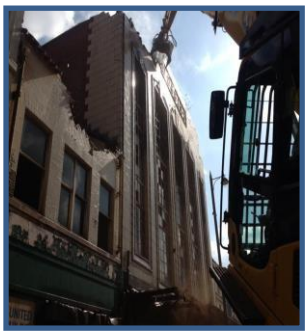
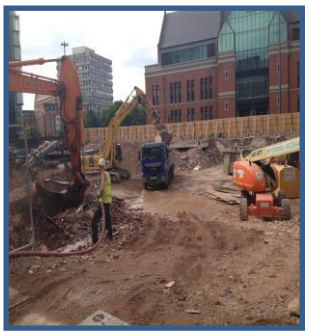
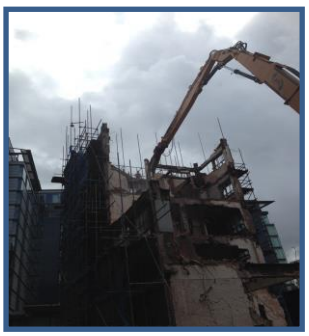
ROCORE
CONSTRUCTION SERVICES LTD

Health, Safety & Environmental Method

Statement | Demolition

The Club House Wrexham

COMMITMENT TO QUALITY & SERVICE
James Jones
& SONS LIMITED

5A Victoria Lane, Whitefield, Manchester, M45 6BL

Tel: 0161 766 4749 Email: jon@rocore.ltd

Health, Safety & Environmental Method Statement

Document Date:	15/7/24		ED688
, Client & Contact(s):	James Jones and sons		
Project Name:	The Club house Building		
Site address:	Oak Road, Wrexham LL13 9RG		
Start:	TBC	**Anticipated finish**	4 Weeks
Author:	[redacted]	**Approval (AOC) Director:**	[redacted]



Table of Contents

1. Scope of works
2. Project Objectives
3. Access and deliveries
4. Training
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6. Plant, Equipment and PPE
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9. Emergency arrangements
10. Welfare
11. Closest A&E
12. Amendments & Signature

The Site Supervisor/Manager will ensure this method statement and risk assessment is explained to all operatives involved in the task. All operatives will sign to say they have understood this method, the risks involved and the control measures put in place.

Direct Contacts | Directors and Senior Management Team

Jon O'Connor Mobile: **07713 008980**
Managing Director Email: jon@rocore.ltd

Danny Bradshaw Mobile: **07967772726**
Contracts Manager Email: danny@rocore.ltd

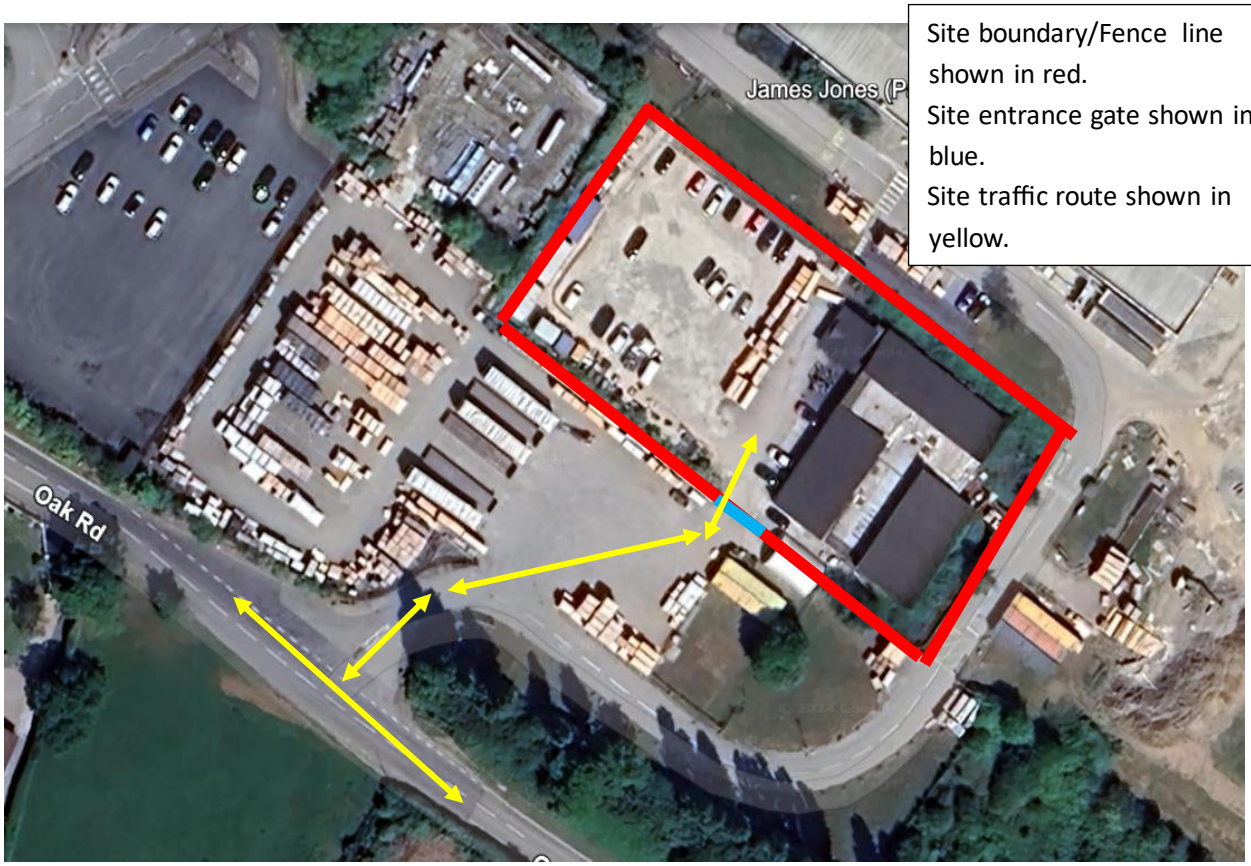
Billy Divine Mobile: **07808161020**
Site Supervisor

Anne Barton Mobile: **07742577591**
Commercial Manager Email: anne@rocore.ltd

Head Office / General
Telephone: **0161 766 4749**
Email: **info@rocore.ltd**
Traffic Management/site boundary

Site boundary

Site Traffic route (subject to review)



Site boundary/Fence line shown in red.
Site entrance gate shown in blue.
Site traffic route shown in yellow.

Statutory Notifications

Section 80 & 81: Submitted by: TBC

F10: N/A **Asbestos Survey & Notifications:** James Jones to remove all ACM's

Service Isolation: James Jones

Scaffolding & Hoarding Permits: James Jones

Waste Carriers Licenses: The Waste Carriers licenses for the waste removers on this project are located in the site file.

Waste Management Licenses: The Waste management Licenses for the waste disposal sites being used on this project are located in site file.
Hazardous Waste Registration: To be supplied by John Turner.

Waste Transfer Notes: The Waste transfer notes will be filed in site file

Tree Protection Orders: NA

1. Scope of Works

Strip out and demolition down to GF slab level only.

2. Project Objectives

To complete this operation with the minimum of disruption to other site personnel and the general public, to ensure all trades on the site are kept informed of the forthcoming works and consideration given.

3. Access and Deliveries

All deliveries will be made to the site entrance as per traffic management plan. A ROCORE operative shall oversee all vehicular movements from the estate entrance on Whinner Heys Road with pedestrian safety taking first priority.

4. Training

All operatives will have been provided with task specific information, training and instruction to ensure that the work is undertaken in a safe manner. Evidence of training will be kept in the site

file. Site supervisors will have CCDO Gold Card, Contracts Manager will have CCDO Black Card (NVQ lvl 6) Labourers CCDO Green card or CSCS Card. Asbestos will only be removed by operatives with CATB UKATA Certification.

5. Emergency Procedures

For all emergency procedures please reference the principal contractors project Emergency Plan & site induction which will be briefed to all operatives prior to the start of this project. Fire muster point will be at the pedestrian entrance and a fire alarm and extinguishers will be clearly marked and placed within the welfare area.

Directions to the nearest A&E Department will form part of this document.

6. Plant, Equipment & PPE

The site has a minimum level of PPE which is as follows;

- Hard Hat (EN 397:1995)
- Hi-Visibility Vest (EN 471:2003 + A1:2007)
- Safety Boots
- Gloves
- Safety Glasses (Task Specific)
- Hearing Protection (Task Specific)

Plant;

- Hand Tools
- Spill kit
- Hookloader vehicle and skips
- 30 tonne demolition excavator
- 14 tonne demolition Excavator
- Selecta Grab.
- Tipper lorries

Display site information within the site office

7.1 The following posters will be displayed in the site office;

- AOC Insurances
- F10
- First Aid Procedures
- Hospital route
- Fire procedures
- Health & Safety Law poster

7.2 An accident book and first aid box will be located in the site office.

7.3 A fire point with extinguishers and fog horns will be located close to the works.

8. Method of Work

Plant & skip deliveries

8.1 All skips to and from the site will be transported by ROCOREs own hook lift vehicle. The hook lift driver will contact the site to confirm the estimated arrival time of the vehicle.

8.2 The vehicle will reverse into the demolition area under Banksman control and the site entrance gates will be closed to secure the site.

8.3 The skips will be placed close to the work area and will be easily and safety accessible by the hook lift vehicle. The skips will be in good order and a cover will be placed over the skips when leaving site to ensure no debris is spilled.

8.4 All deleterious materials produced will be segregated into the appropriate waste stream and taken to a licenced facility for disposal. A copy of the waste notes will be retained in the site file, these will be made available for review / copy.

Strip out

8.5 Each operative will be sufficiently trained, inducted and where necessary they will attend a tool box talk

8.6 All furniture and bulky items will be removed in two man gangs sharing the load or will be size reduced in situ to ensure they are easily manageable by one operative.

8.7 Where reasonably practicable wheeled containers will be used to move soft strip materials to the drop zone and alleviate the risks associated with manual handling.

8.8 Hand held tools will be used to remove all timber doors, skirtings and fixings, these items will be segregated to maximise recycling values on site.

8.9 The building will be left in a safe condition with all deleterious materials removed, all waste will be segregated as per the table below before transportation to a licenced facility.

8.10 Water sprayers will be used to manage any dust emissions.

Demolition

8.11 Once all permits and permissions are in place a 30 tonne demolition excavator will be delivered to site via low loader. Existing surfaces will be protected in required.

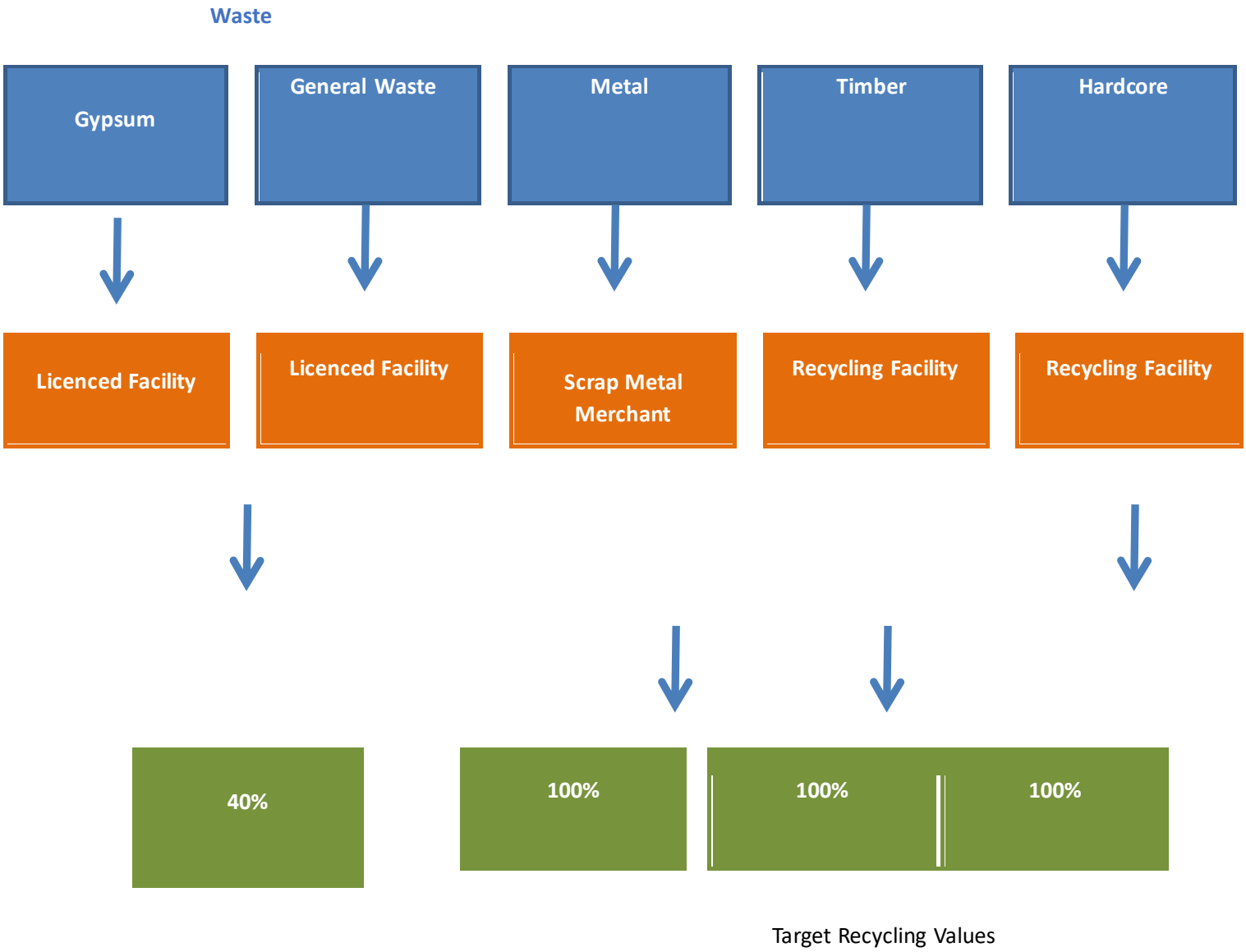
Direction of demolition



8.12 once the excavator is in position a Grab attachment will be fitted and the excavator will commence removal of the roof coverings working from the north west in a south easterly direction. Once the excavator has removed all the coverings the roof structure will be exposed and the excavator can then remove each component of the roof structure sequentially, segregating arisings into the appropriate waste stream as demolition progresses. All waste will be loaded directly into skips where possible by a 14 tonne excavator equipped with a grab attachment.

8.13 once the roof has been removed the external masonry walls will be carefully folded inwards within the original footprint of the building and the hardcore arisings will be loaded onto tipper wagons for removal to a local recycling facility.

8.14 the ground floor slab will be cleaned off and left in a tidy, traversable condition.



Target Recycling Values

Manual Handling

In the event of any manual handling this procedure will be followed:

Heavy Materials will be broken down into manageable weights and sizes, where one person cannot lift a load, team lifting will be utilised to lift heavy items if they cannot be broken down.

Aides such as trolleys or wheelbarrows will be available to reduce and ease in manual handling. Operatives will be given a manual handling tool box talk prior to commencing any works.

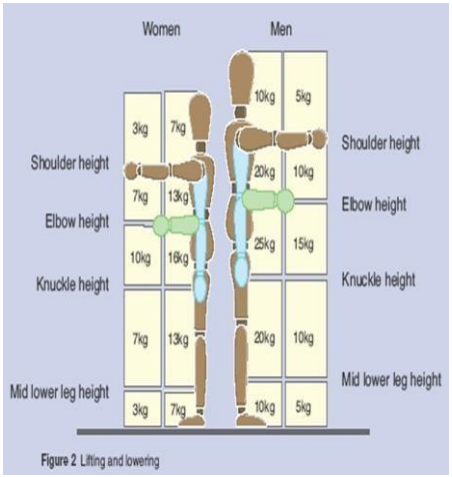


Figure 2 Lifting and lowering

9. Emergency Arrangements:

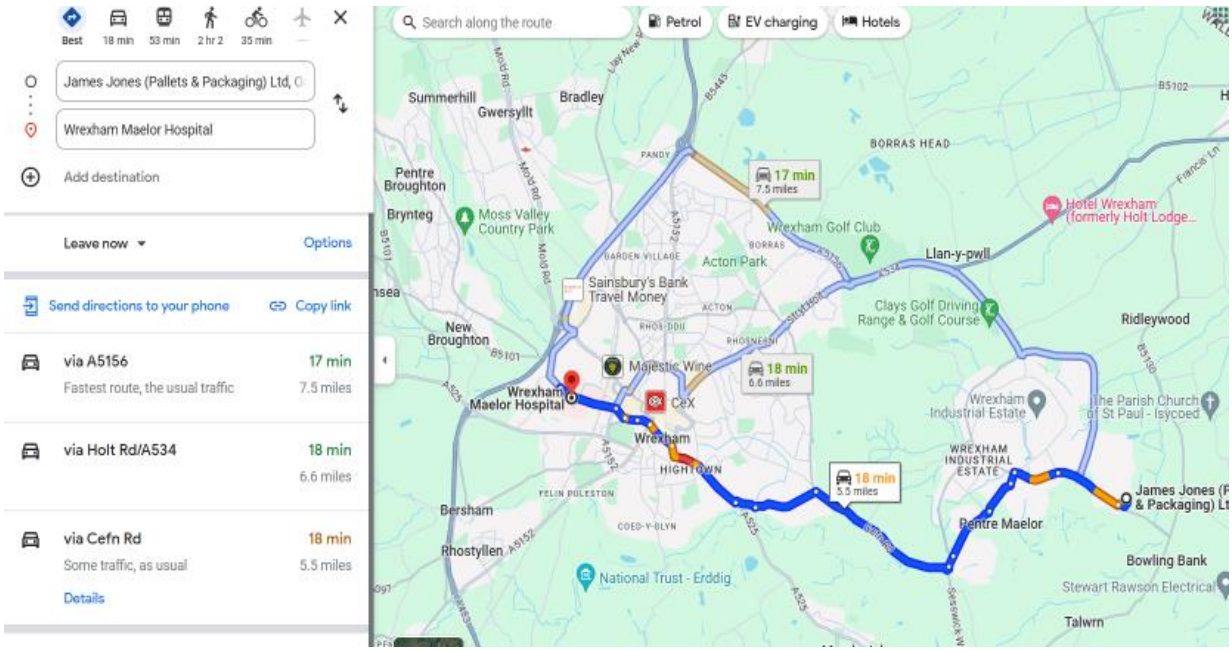
ROCORE will have a first aider and first aid kits on site at all times.

10. Welfare

We assume that ROCORE operatives can use James Jones facilities.

11. Closest A&E

The nearest Accident and Emergency Department is Wrexham Maelor Hospital LL13 7TD



Please sign the acknowledgement below to confirm you have understood the contents of this method statement and shall adhere to the procedures set out, any amendments to the procedures must be clarified by a senior team member and recorded on this document.

Acknowledgment of Method Statement

DATE	NAME	SIGNATURE

Amendments

All amendments must be approved with the H.S&E Manager

Date	Amendment Details	Approved by
