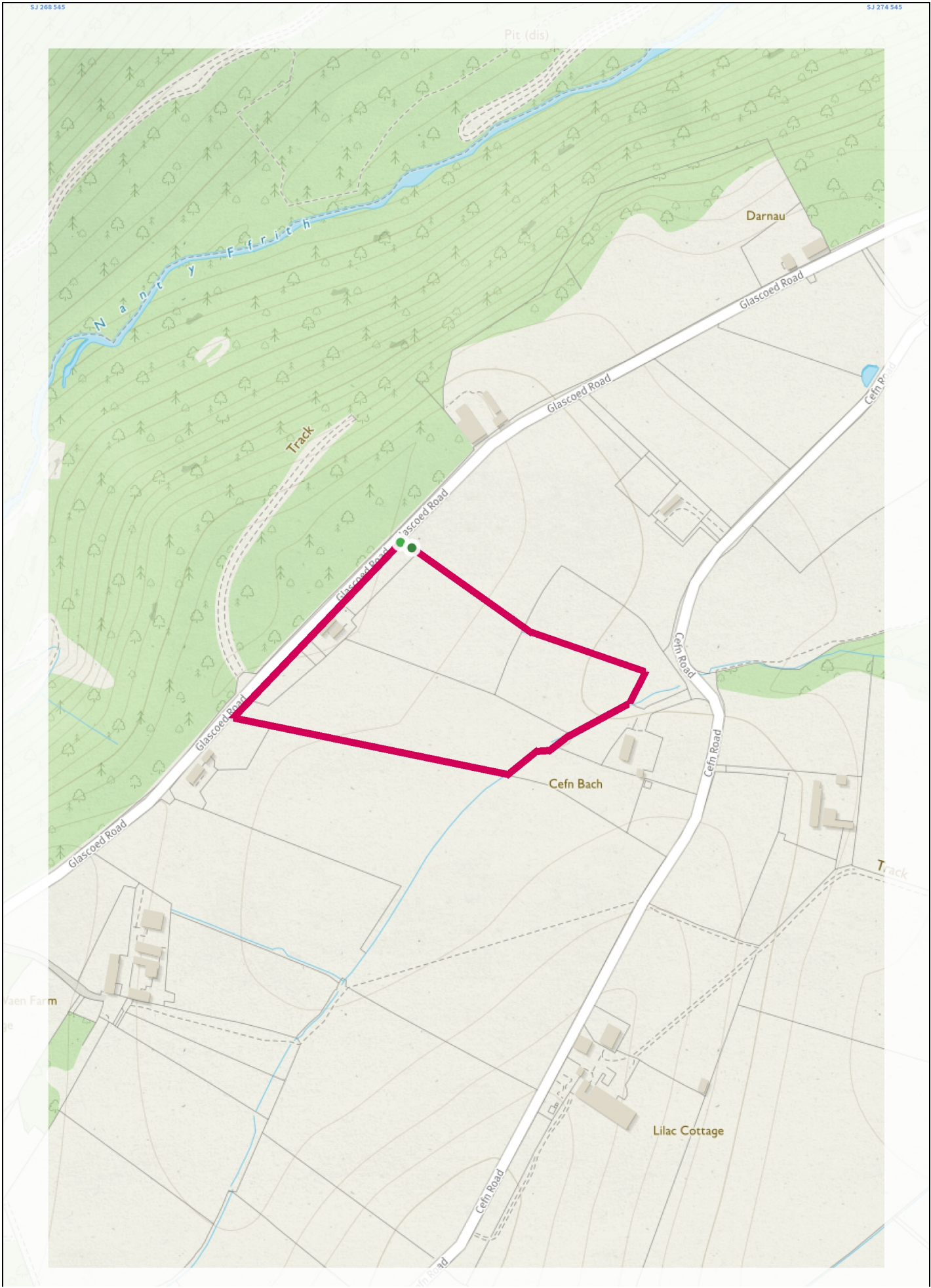




Route Information

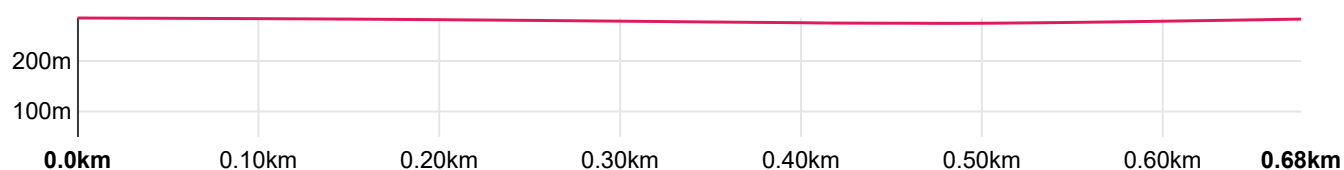
Route Name Bwlchgwyn Land

Grazing

Route Summary

Total Distance	0.7km (0.4mi)	Walk	8min
Elevation	274m at lowest point	Run	3min
	285m at highest point	Cycle	2min
Total Ascent	9m		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SJ 270 542	0.00km	53° 4' 48" N	3° 5' 23" W	285m
	Dist to next: 0.67km, Bearing to next: 116°, Ascent to next: 9m				
2	SJ 271 541	0.67km	53° 4' 48" N	3° 5' 22" W	283m

